



# FAMILY

by JW



## DINNER | 22

Includes your choice of one food item and one beverage  
*Served with fruit and a take-away cookie*

### ALL GROWN UP

#### Grilled Chicken Breast GF DF

Steamed broccoli, jasmine rice

#### Lentils & Sweet Potato N

Red bell pepper, coconut milk, jasmine rice, naan bread

### NOT SO USUAL

#### Steak Frites

5oz filet, fries  
*Available after 5 pm*

#### Turkey Bacon Ranch

Roast turkey, bacon, lettuce, tomato, ranch, choice of wrap or country white toast

#### Bento Box SF

Sushi rice, seaweed salad, cucumbers, Japanese BBQ sauce, Kewpie mayo, choice of chicken tenders or shrimp tempura  
*Available after 5 pm*

### BIG, STRONG & ACTIVE

#### Chicken Tenders

Fries, steamed broccoli

#### Mac & Cheese V

House-made macaroni, 5-cheese Béchamel

### LOCAL ADVENTURER

#### Baked Mahi Mahi GF DF

Steamed green beans, roasted fingerling potatoes

## BIG SQUEEZE

Freshly squeezed orange juice, apple juice, chocolate milk, whole milk, lemonade










# ARIŌ | KORALS

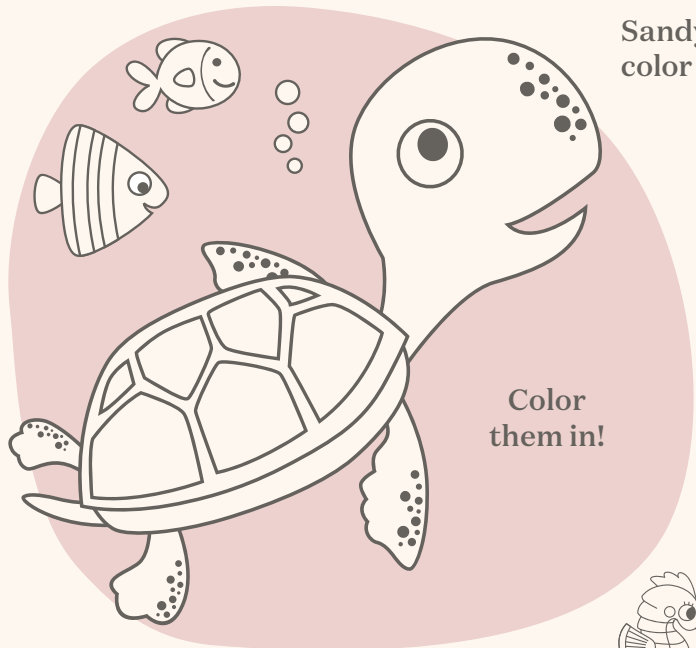
V | VEGETARIAN • N | NUTS • SF | SHELLFISH  
GF | GLUTEN FREE • DF | DAIRY FREE  
*Please notify your server of any allergies.*

## I Spy... Beach Vacation



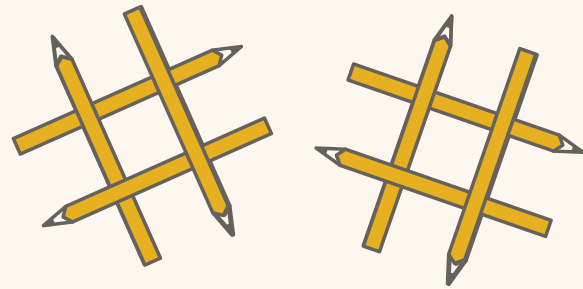
Count how many of each picture you see and write the correct number below.

	_____		_____		_____
	_____		_____		_____
	_____		_____		_____

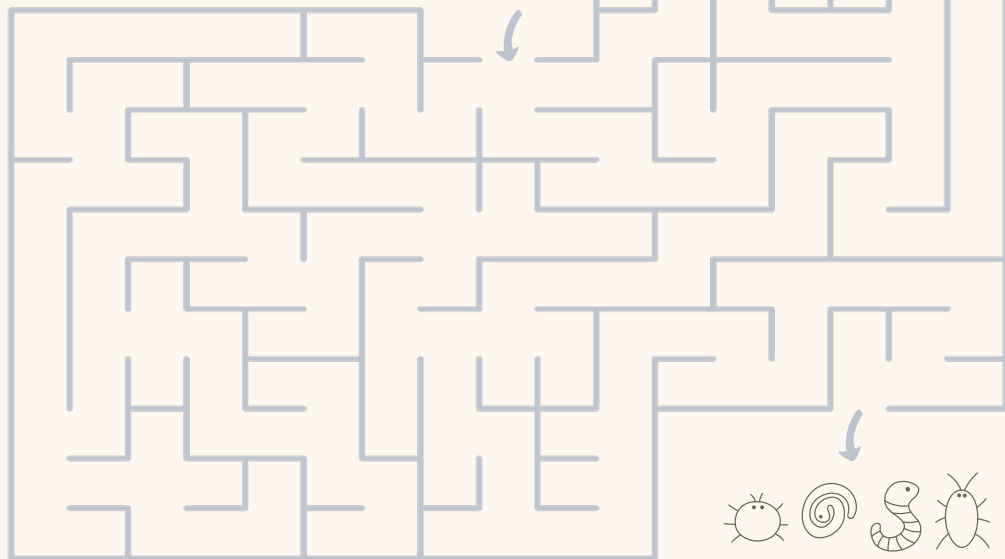


Sandy the sea turtle likes to play games and color before he eats. Do you want to play too?

Color them in!



Help the sea horse find her dinner.



### Beach Day Word Search

Search for sunny sights and tasty bites in this fun-filled activity!



R	B	E	S	G	T	W	B	P	S
B	R	S	A	O	O	A	M	I	W
E	S	U	N	G	W	T	S	N	I
A	E	N	D	G	E	E	A	E	M
C	A	S	C	L	L	R	I	A	F
H	S	H	A	E	O	M	L	P	I
B	H	I	S	S	C	E	B	P	S
A	E	N	T	N	E	L	O	L	H
L	L	E	L	K	A	O	A	E	X
L	L	E	E	D	N	N	T	K	A

Seashell  
Sandcastle  
Sunshine  
Fish

Swim  
Towel  
Pineapple  
Watermelon

Beachball  
Goggles  
Ocean  
Sailboat

Can you match each nutrition clue to the food it describes?

- a** This protein helps build strong muscles so you can run fast!
- b** Made from potatoes, this crispy treat is tasty, but best enjoyed in moderation!
- c** This tropical fruit is full of vitamin B6 to help your brain grow!
- d** This drink keeps you hydrated and ready for fun in the sun!

Answers: A4, B1, C3, D2

